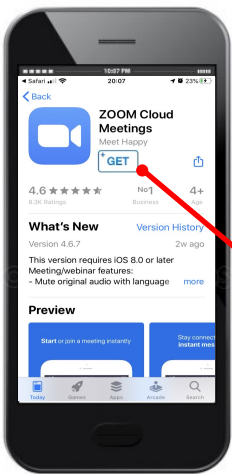




## First Time Zoom Users

### ZOOM first time set up : For iPhone



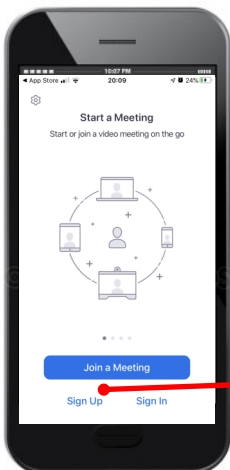
To join Flin's Fitness online classes you first need to download a copy of "Zoom", to your iPhone

Go to the App Store on your iPhone



and search "Zoom"

When you see the app on the left, Click "Get" to download the App to your phone

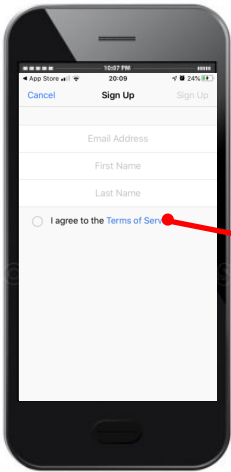


Once downloaded, Click **OPEN** and this will launch Zoom".

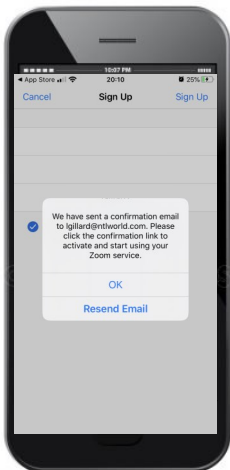
The first time you open Zoom, you will need to Sign up, so that Zoom knows who you are when you join a class. This also allows you to use Zoom for any other times you may want to.

There is no cost to sign up to Zoom, this is a free app.

Click **Sign Up**....(\*\***NOT** "Sign In"\*\*)

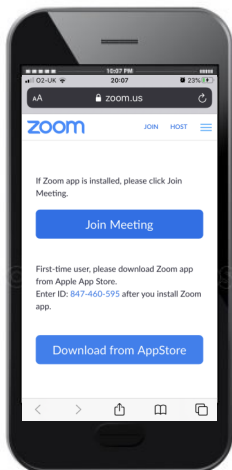


Enter your e-mail address & name, then click “agree” to terms of service



Zoom, will now send you a confirmation e-mail, to make sure you are who you say you are.

Be sure to watch out for that confirmation e-mail and follow the instructions to activate your account



And that's it!

You have now downloaded Zoom and activated your account. You will never need to go through these steps again.

If you now follow the steps to joining an online class (see the guide on how to do this), Zoom will automatically open and launch the session.

If you ever want to use Zoom to make video calls outside of Flin's Fitness, just open the app from your iPhone and click 