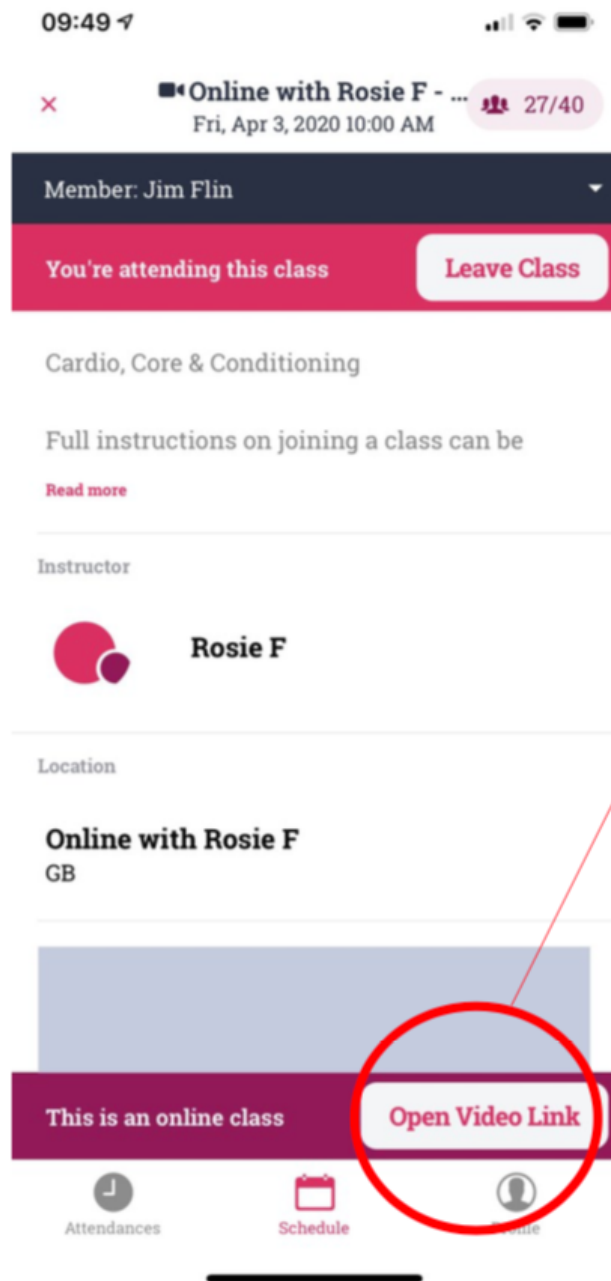


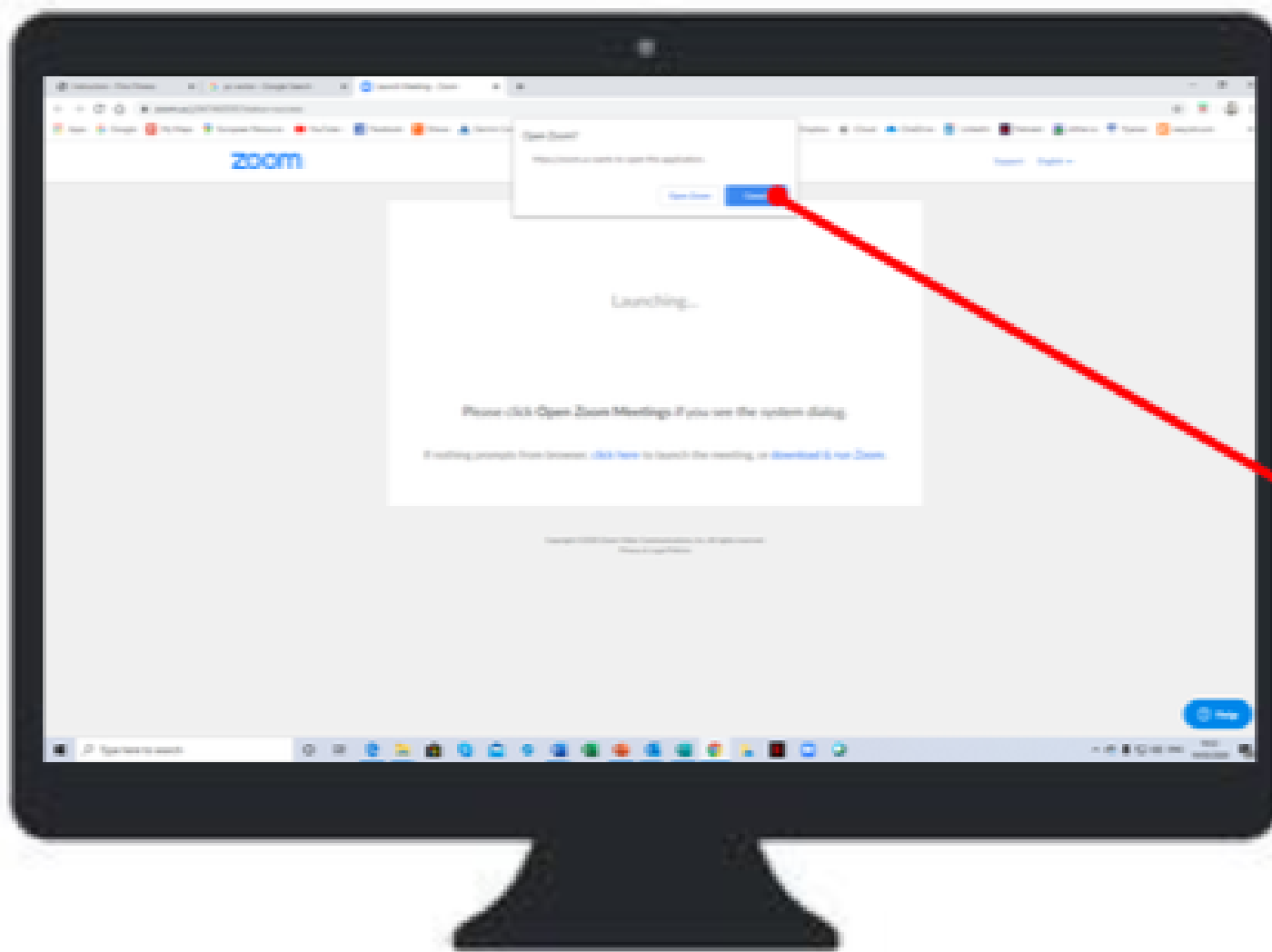


First Time Zoom Users

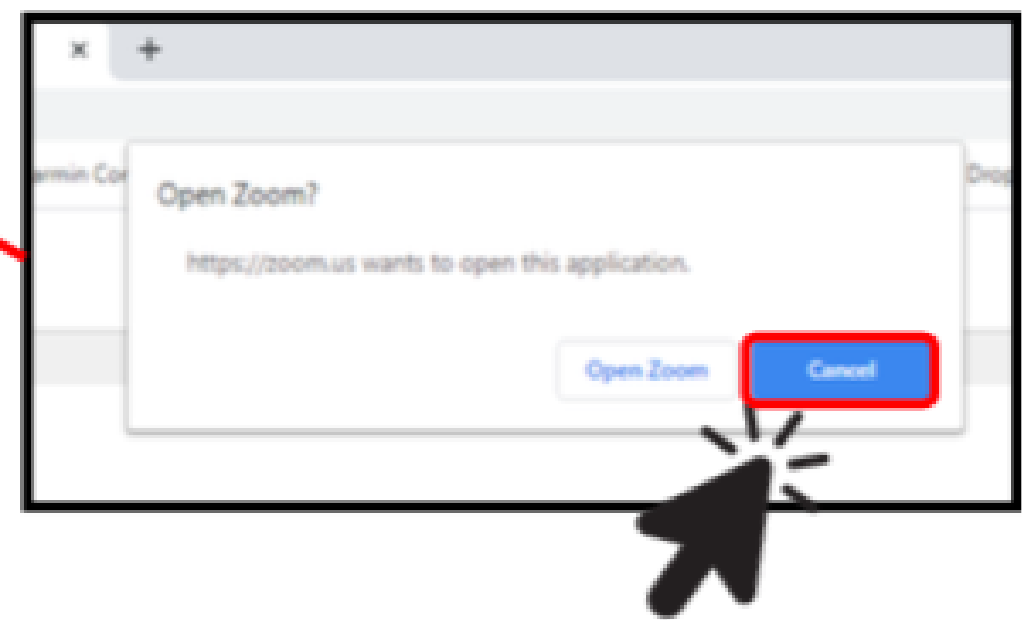


Shortly before the time of your class, a link will become "live" and simply by clicking the link you will be able to download Zoom and join the session.

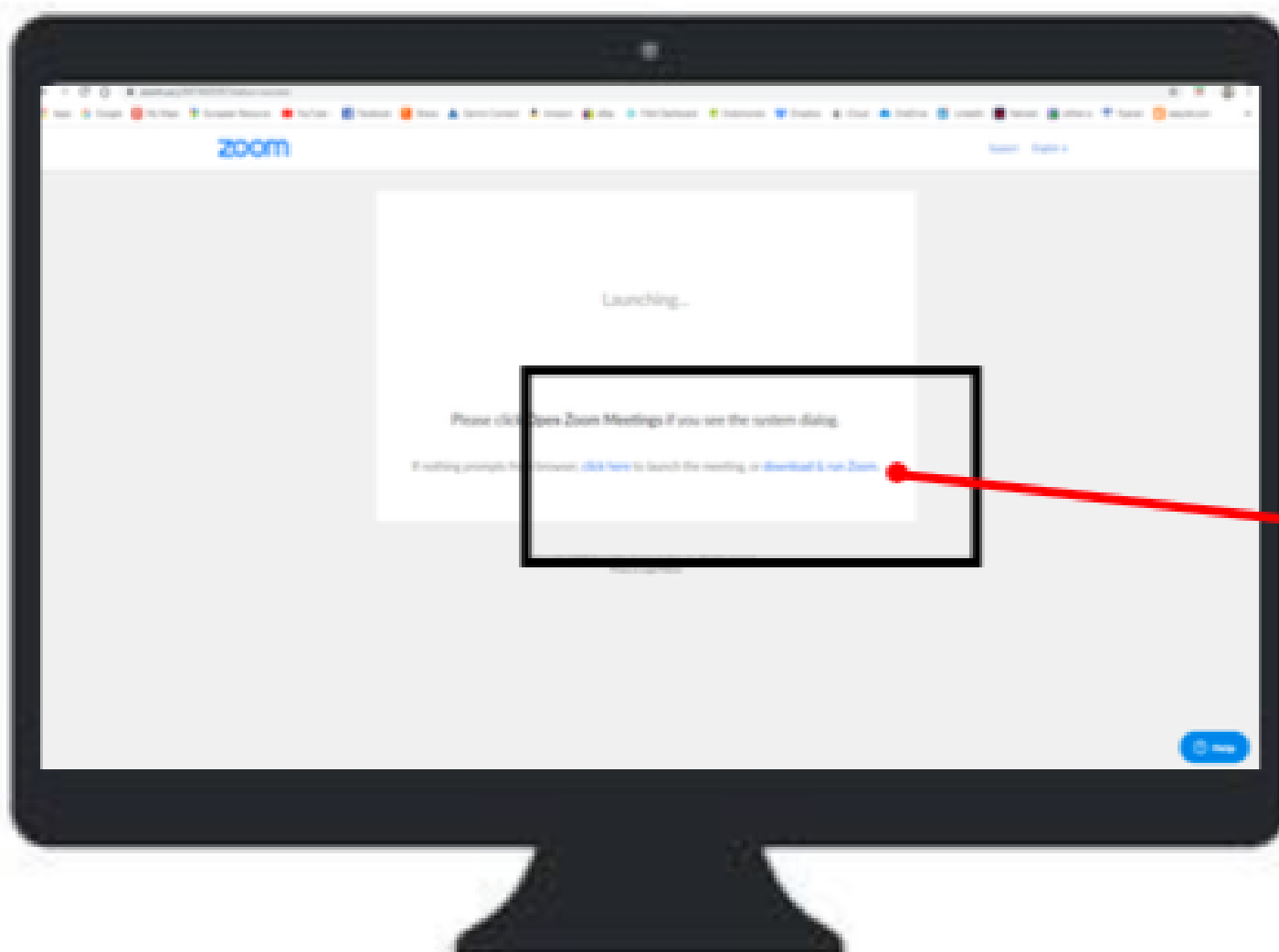
The link is active for 15 minutes before the class starts, which is plenty of time to get set up.



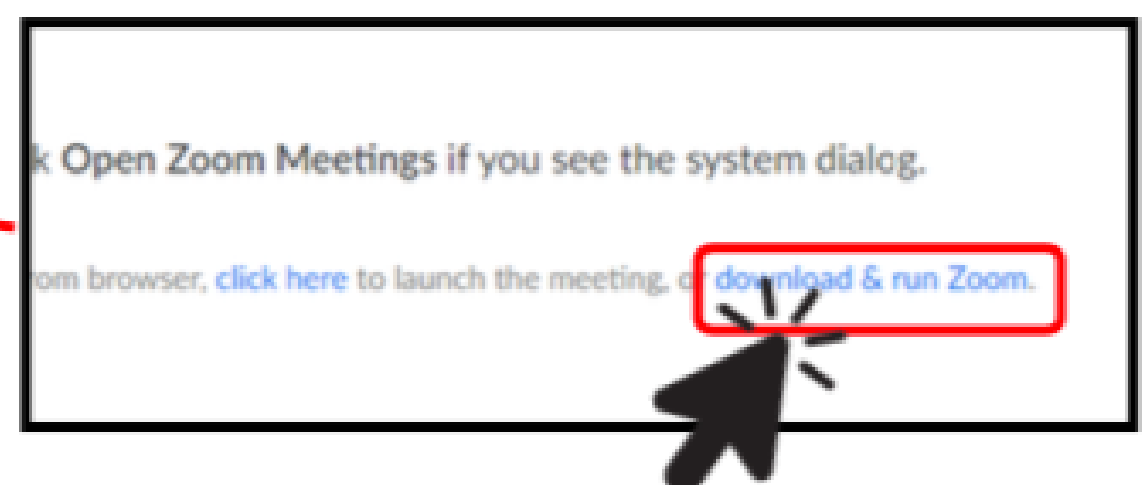
Zoom will ask you if you want to "open Zoom?". Before you can you need to download a copy of the app, so first, click cancel



Click Cancel

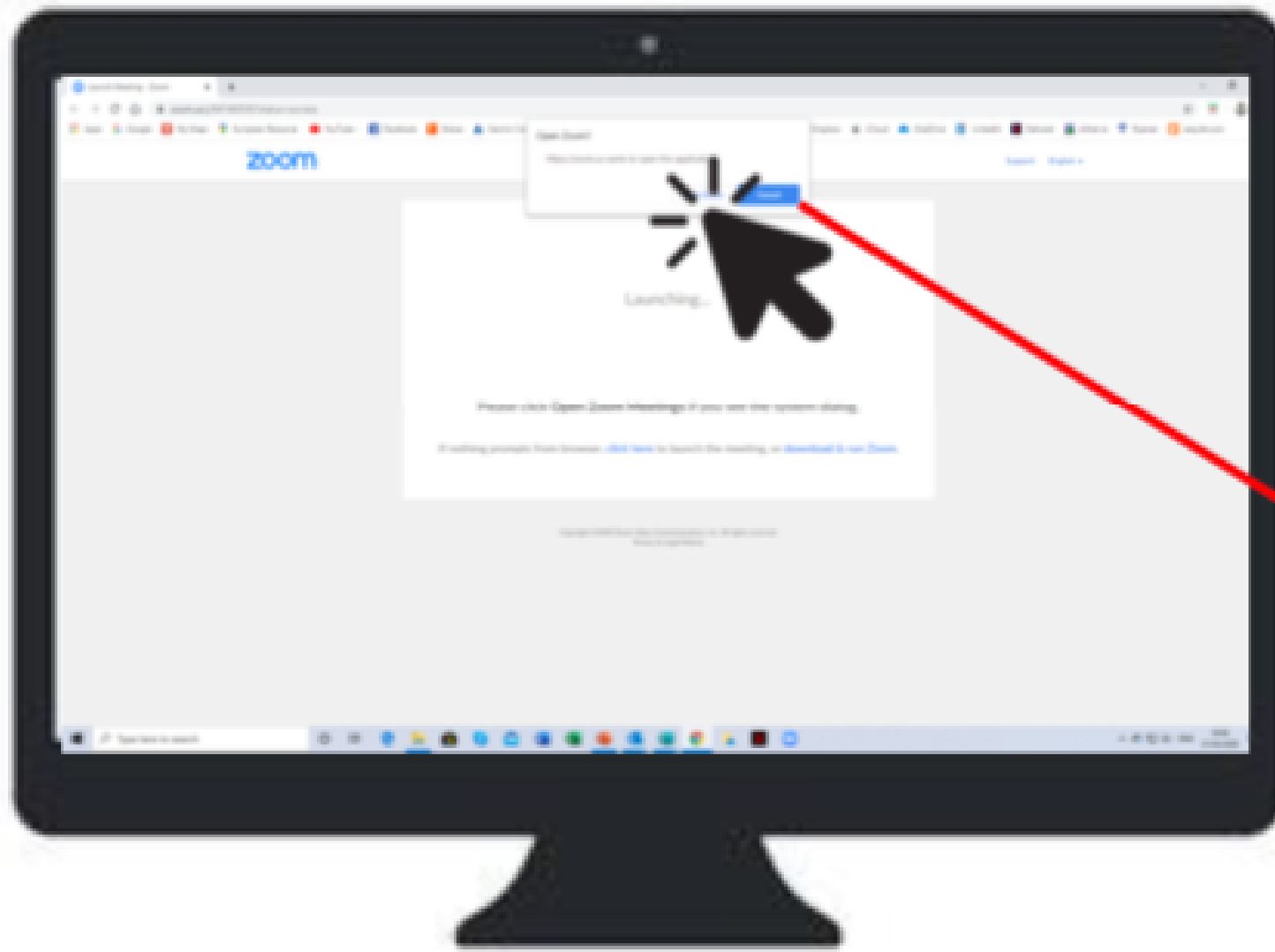


Then Click download and run zoom



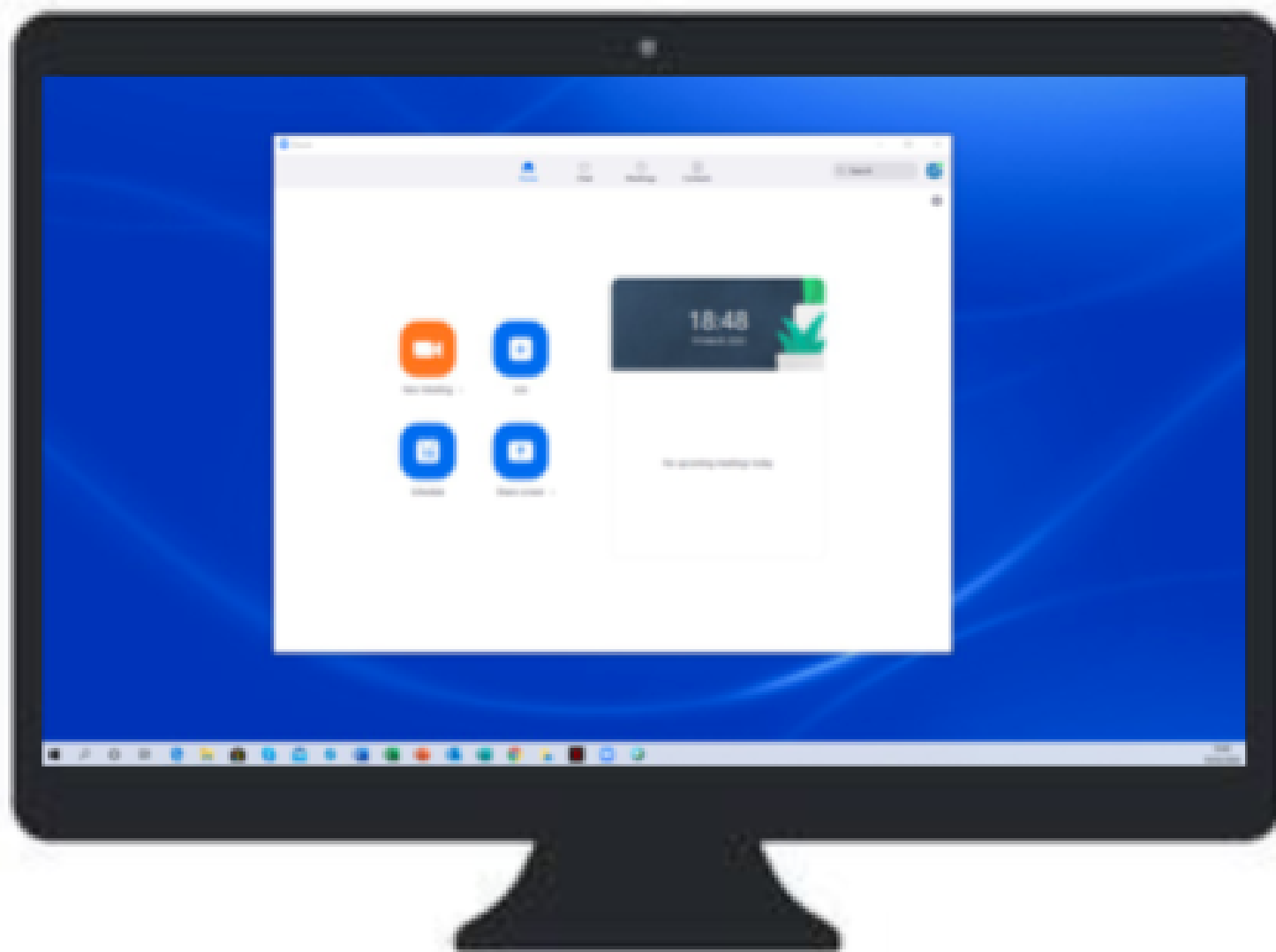
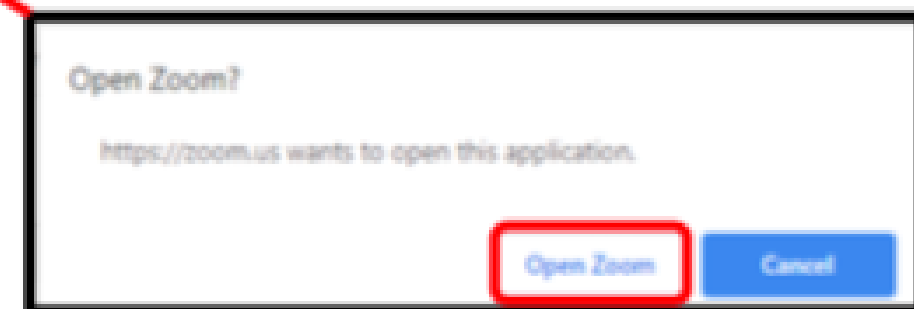
Click Download & run Zoom

ZOOM first time set up



Once ZOOM has downloaded go back to the link in your reminder mail and click the link again.

This time when zoom asks if you want to "Open Zoom" then click the option to "Open Zoom" and the session will launch



Now that you have a copy of Zoom downloaded, you can open it and join your own sessions with friends and contacts.